



Annual Report
Fiscal Year 2019

Virginia Judges and Lawyers Assistance Program

Annual Report 2019

This has been a very exciting year for the lawyer assistance program in Virginia. The Executive Director and many members of the Board of Directors have been very involved with the Supreme Court of Virginia's Committee on Lawyer Well-Being and the changes that will come from the committee's 2018 report *A Profession at Risk*. Lawyers Helping Lawyers (LHL) has renamed to Virginia Judges and Lawyers Assistance Program (VJLAP). Our contract with the Virginia State Bar (VSB) ended at the end of FY19, and a new agreement is pending with the Supreme Court of Virginia. Increased funding from this new agreement will allow our organization to fully implement the strategic "Lighthouse" plan approved by the LHL Board of Directors in 2017. Dennis Sisk, the President of the Board of Directors, the rest of the members of the Executive Committee along with Executive Director Tim Carroll have been working diligently to ensure a smooth transition to this new arrangement and ensure continuity of the mission that has been central to the organization since it formed in 1985. This is truly an era of change for legal profession and the lawyer assistance program in the Commonwealth of Virginia.

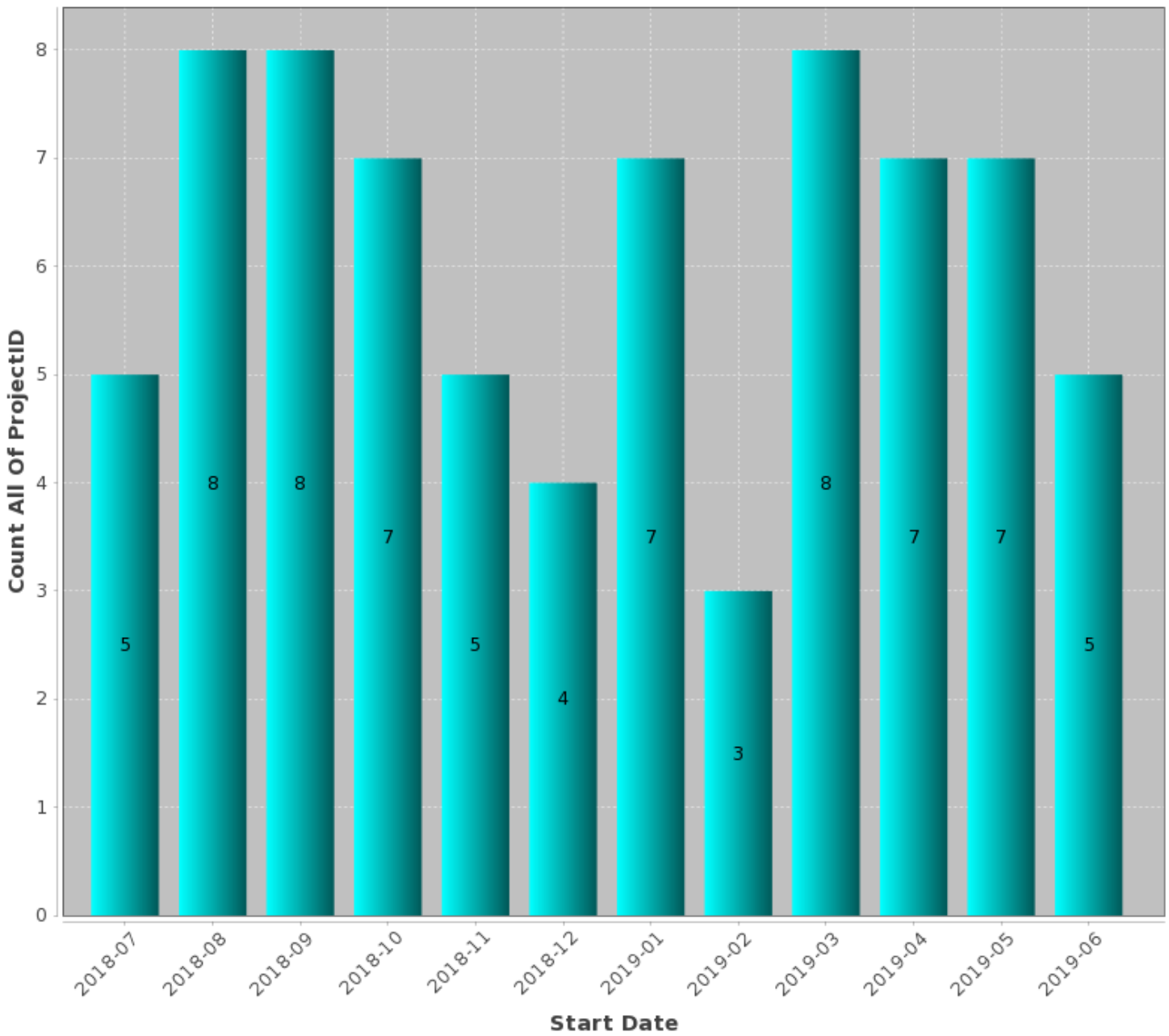
The following highlights of the year are not graphed in the attached clinical report:

1. Tim Carroll was a member of the VSB President's Special Committee on Lawyer Well-Being. That committee produced a report *The Occupational Risks of the Practice of Law* in May 2019. This is a great resource to help identify stresses in the legal profession and offer mitigating suggestions.
2. VJLAP was awarded a grant by the Virginia Law Foundation to increase our marketing and outreach capability. This allowed us to rebrand and have our website and new logo professionally developed. The new website is expected to launch in August 2019.
3. This year, VJLAP exhibited at the two VBA conferences and one of the VTLA conferences. With additional staff we expect to exhibit at more conferences throughout the state starting next year.
4. Virginia Board of Bar Examiners: This year VJLAP staff testified at four hearings of the Character and Fitness Committee for individuals that we had assessed and were currently monitoring. We also provided information about individuals that we had worked with that the Character and Fitness committee had concerns about but

following their work with VJLAP the Committee felt that they could be licensed without the need for a hearing.

5. VJLAP was involved via telephone conference in a hearing for the Florida Board of Bar Examiners. This hearing was held for an individual we had worked with who had a significant legal and substance abuse history that had been licensed in Virginia after being monitored for two years. His license was granted in Florida.
6. VJLAP had significant interaction with law schools in the state of Virginia in the past year. Some of the highlights include:
 - A. The first annual Law School Summit on Wellness was held in Charlottesville. A majority of the members of the Supreme Court of Virginia attend as well as the deans of all eight Virginia law schools. VJLAP, Virginia CLE and the VBA were sponsors of this event. The prominent people who attended the summit highlights the recognition and importance of wellness, mental health issues and substance abuse concerns that face law students and the legal profession at large.
 - B. VJLAP staff trained volunteers at the Appalachian Law School to lead peer support groups for 1Ls to help them adjust to law school and the stress that occurs starting on day one.
 - C. VJLAP staff were part of mental health day festivities at the University of Virginia and Washington & Lee law schools.
 - D. Presentations related to stress, substance abuse, and other mental health issues and what VJLAP is and how we might help were given at six Virginia Law Schools (University of Virginia, Liberty, Regent, George Mason, and Washington and Lee. At William & Mary and the University of Richmond we are blessed to have Board members who can spread the VJLAP message as adjunct professors.
7. VJLAP staff testified at three legal proceeding in behalf of individuals that were be successfully monitored by VJLAP
8. VJLAP staff trained three sets of family and friends to intervene on impaired loved ones and guided them through the interventions themselves. Two of the three interventions led the intervened upon to go into treatment.
9. VJLAP Staff led two interventions with the help of judges. One of these interventions led to a monitoring contract with VJLAP and the other led to inpatient treatment followed by a monitoring contract with VJLAP.
10. VJLAP staff did two interventions with employers. One of these interventions led to inpatient treatment and a VJLAP monitoring contract.
11. VJLAP hosted and supported several support groups around the State that saw an increased number of participants. We expect the number of participants and groups to grow in the next year as a result of increased outreach.
12. Our 2018 Fall Retreat was cancelled due to pending hurricane impacts. The event was rescheduled to March 2019 as a Spring Retreat. Nearly 100 people participated and the retreat was a success. We are planning to return to the Fall format in September 2019.

Number of New Cases FY 18-19



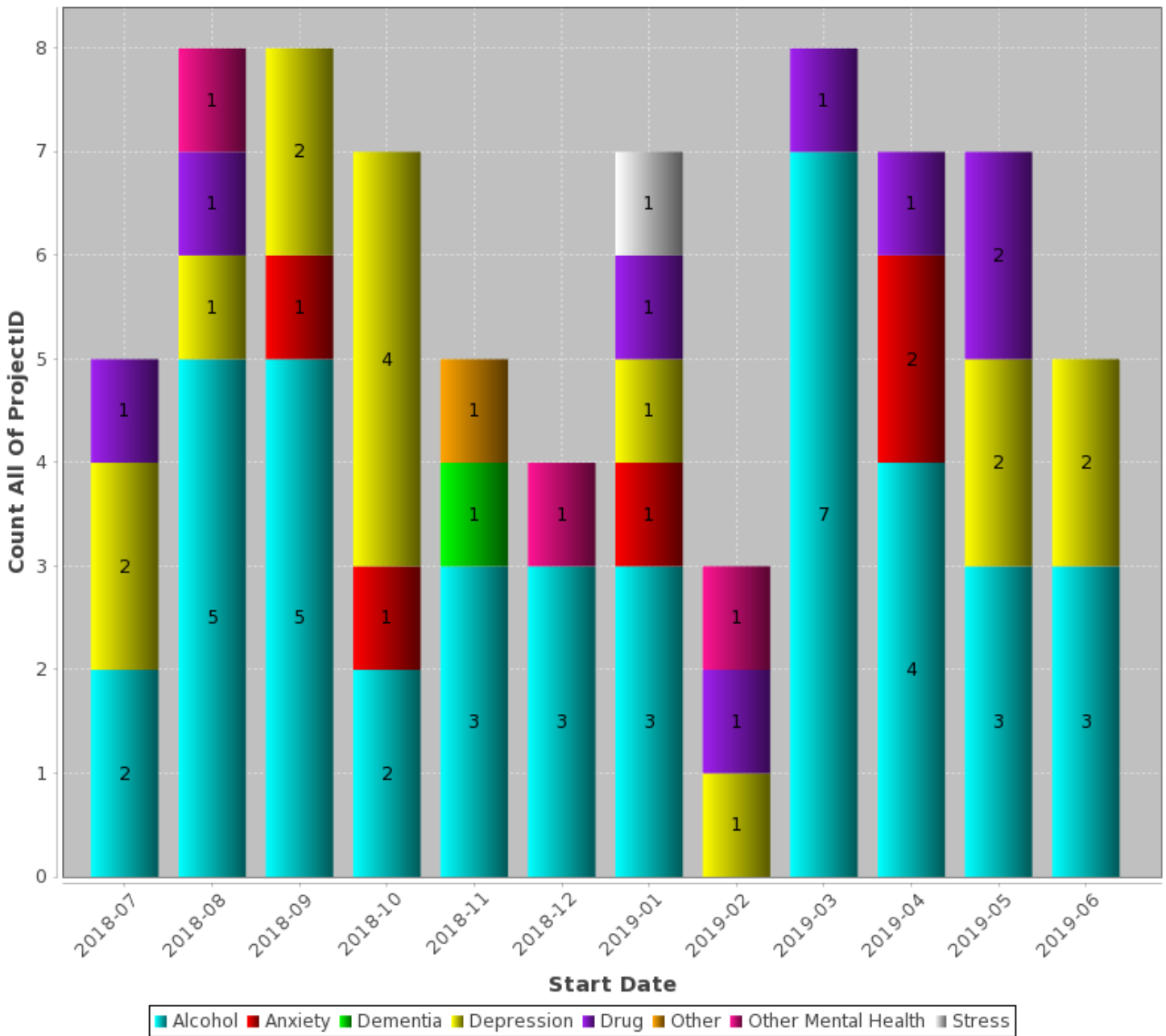
| Start Date | ProjectID Total |
|------------|-----------------|
| 2018-07 | 5 |
| 2018-08 | 8 |
| 2018-09 | 8 |
| 2018-10 | 7 |
| 2018-11 | 5 |

Report Totals:

74

| Start Date | ProjectID Total |
|-----------------------|-----------------|
| 2018-12 | 4 |
| 2019-01 | 7 |
| 2019-02 | 3 |
| 2019-03 | 8 |
| 2019-04 | 7 |
| 2019-05 | 7 |
| 2019-06 | 5 |
| Report Totals: | 74 |

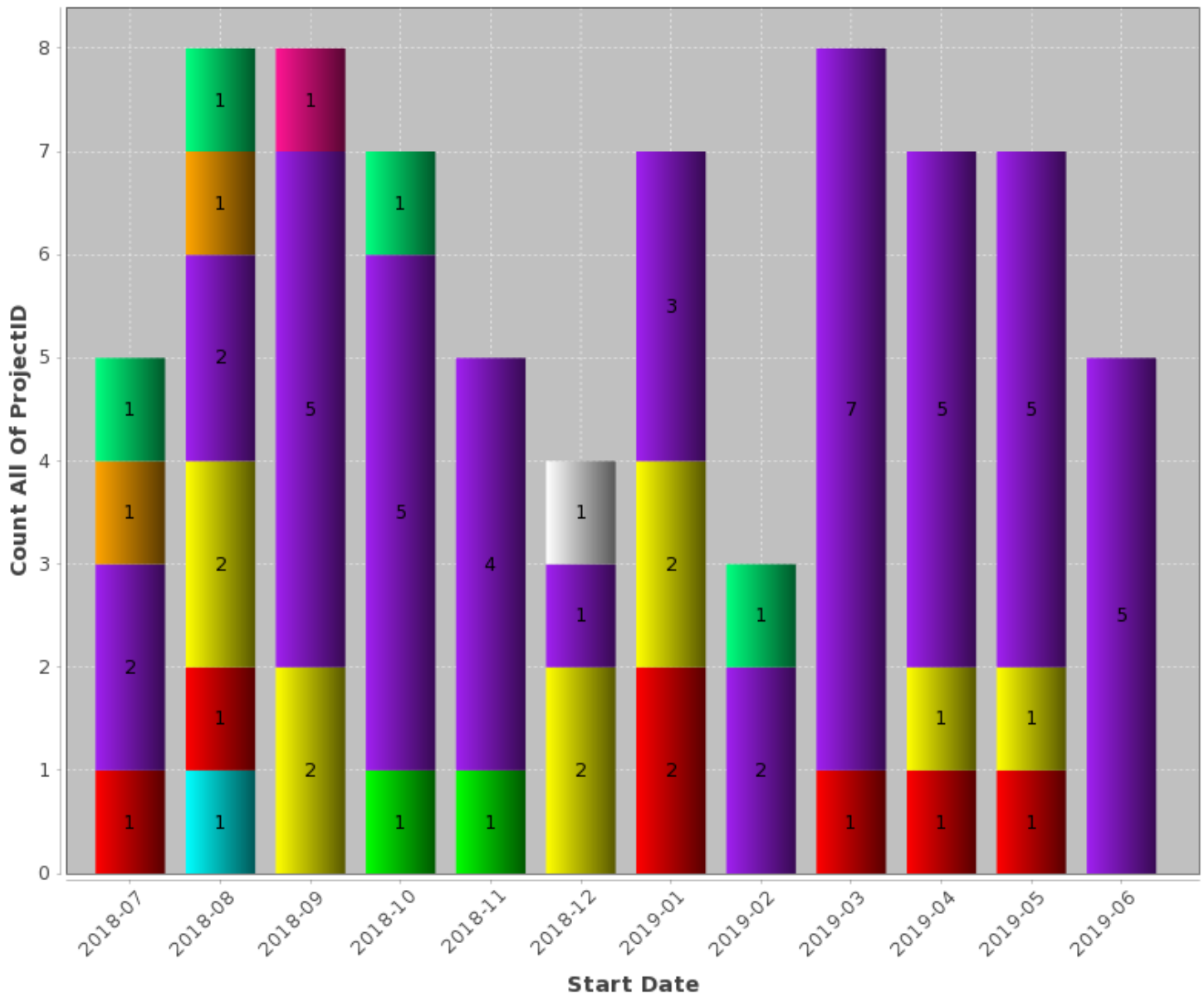
Cases By Date, by Problem FY 18-19



| Start Date | Alcohol | Anxiety | Dementia | Depression | Drug | Other | Other Mental Health | Stress | Total |
|----------------|-----------|----------|----------|------------|----------|----------|---------------------|----------|-----------|
| 2018-07 | 2 | 0 | 0 | 2 | 1 | 0 | 0 | 0 | 5 |
| 2018-08 | 5 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 8 |
| 2018-09 | 5 | 1 | 0 | 2 | 0 | 0 | 0 | 0 | 8 |
| 2018-10 | 2 | 1 | 0 | 4 | 0 | 0 | 0 | 0 | 7 |
| 2018-11 | 3 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 5 |
| | 40 | 5 | 1 | 15 | 8 | 1 | 3 | 1 | 74 |

| Start Date | Alcohol | Anxiety | Dementia | Depression | Drug | Other | Other Mental Health | Stress | Total |
|----------------|-----------|----------|----------|------------|----------|----------|---------------------|----------|-----------|
| 2018-12 | 3 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 4 |
| 2019-01 | 3 | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 7 |
| 2019-02 | 0 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 3 |
| 2019-03 | 7 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 8 |
| 2019-04 | 4 | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 7 |
| 2019-05 | 3 | 0 | 0 | 2 | 2 | 0 | 0 | 0 | 7 |
| 2019-06 | 3 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 5 |
| | 40 | 5 | 1 | 15 | 8 | 1 | 3 | 1 | 74 |

Client Role FY 2018-19

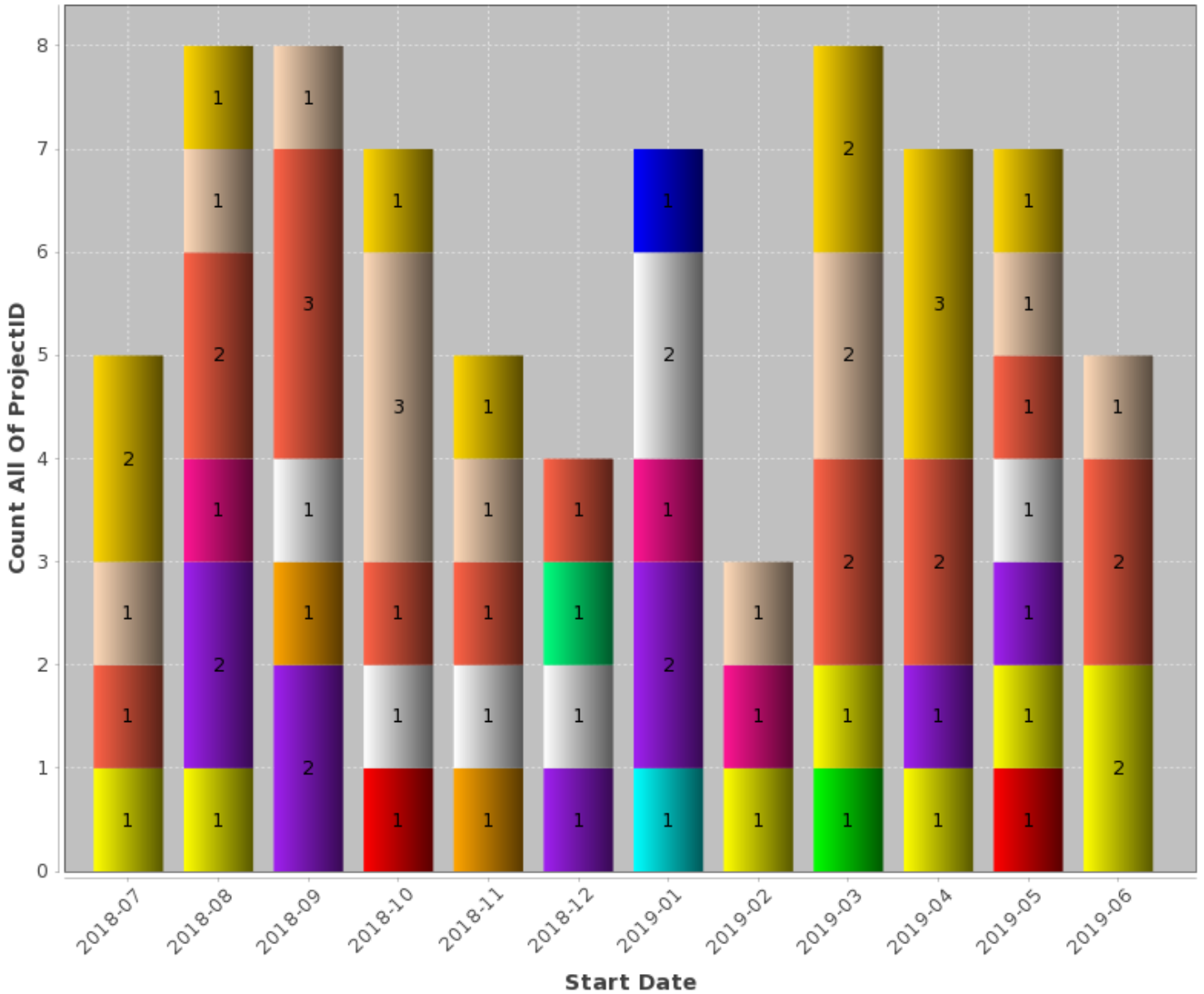


| | | | | | | | | |
|-------|---------------|--------------------|-------------|--------|---------------|-------------|---------|--------------------|
| BLANK | Bar Applicant | disbarred attorney | Law Student | Lawyer | Non Legal Job | Other Legal | Retired | Suspended Attorney |
|-------|---------------|--------------------|-------------|--------|---------------|-------------|---------|--------------------|

| Start Date | Bar Applicant | disbarred attorney | Law Student | Lawyer | Non Legal Job | Other Legal | Retired | Suspended Attorney | Total | |
|------------|---------------|--------------------|-------------|--------|---------------|-------------|---------|--------------------|-------|----|
| 2018-07 | 0 | 1 | 0 | 2 | 1 | 0 | 0 | 1 | 5 | |
| 2018-08 | 1 | 1 | 0 | 2 | 2 | 1 | 0 | 1 | 8 | |
| | 1 | 7 | 2 | 10 | 46 | 2 | 1 | 1 | 4 | 74 |

| Start Date | Bar Applicant | disbarred attorney | Law Student | Lawyer | Non Legal Job | Other Legal | Retired | Suspended Attorney | Total | |
|------------|---------------|--------------------|-------------|--------|---------------|-------------|---------|--------------------|-------|----|
| 2018-09 | 0 | 0 | 0 | 2 | 5 | 0 | 1 | 0 | 0 | 8 |
| 2018-10 | 0 | 0 | 1 | 0 | 5 | 0 | 0 | 0 | 1 | 7 |
| 2018-11 | 0 | 0 | 1 | 0 | 4 | 0 | 0 | 0 | 0 | 5 |
| 2018-12 | 0 | 0 | 0 | 2 | 1 | 0 | 0 | 1 | 0 | 4 |
| 2019-01 | 0 | 2 | 0 | 2 | 3 | 0 | 0 | 0 | 0 | 7 |
| 2019-02 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 1 | 3 |
| 2019-03 | 0 | 1 | 0 | 0 | 7 | 0 | 0 | 0 | 0 | 8 |
| 2019-04 | 0 | 1 | 0 | 1 | 5 | 0 | 0 | 0 | 0 | 7 |
| 2019-05 | 0 | 1 | 0 | 1 | 5 | 0 | 0 | 0 | 0 | 7 |
| 2019-06 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 5 |
| | 1 | 7 | 2 | 10 | 46 | 2 | 1 | 1 | 4 | 74 |

Cases By Employment Setting FY 18-19

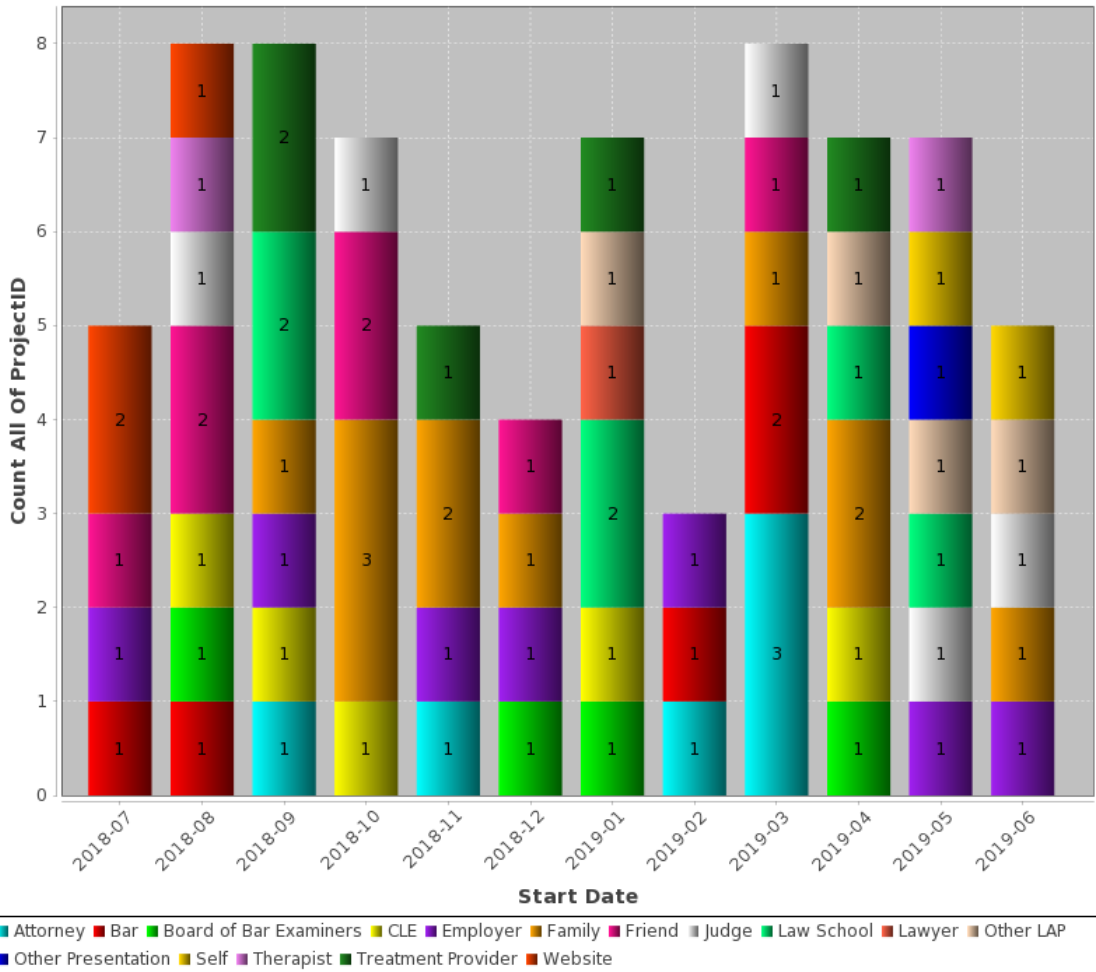


| | | | | | | | | | | | | |
|-------|--------|---------|------------|-------------|-------------|---------------|-------|---------|------------|------|-------|------------|
| BLANK | County | Federal | Large Firm | Law Student | Medium Firm | Non-Legal Job | Other | retired | Small Firm | Solo | State | Unemployed |
|-------|--------|---------|------------|-------------|-------------|---------------|-------|---------|------------|------|-------|------------|

| Start Date | County | Federal | Large Firm | Law Student | Medium Firm | Non-Legal Job | Other | retired | Small Firm | Solo | State | Unemployed | Total |
|------------|----------|----------|------------|-------------|-------------|---------------|----------|----------|------------|-----------|----------|------------|-----------|
| 2018-07 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 2 | 5 |
| 2018-08 | 0 | 0 | 0 | 1 | 2 | 0 | 1 | 0 | 2 | 1 | 0 | 1 | 8 |
| 2018-09 | 0 | 0 | 0 | 0 | 2 | 1 | 0 | 1 | 3 | 1 | 0 | 0 | 8 |
| 1 | 2 | 1 | 8 | 9 | 2 | 3 | 7 | 1 | 16 | 12 | 1 | 11 | 74 |

| Start Date | County | Federal | Large Firm | Law Student | Medium Firm | Non-Legal Job | Other | retired | Small Firm | Solo | State | Unemployed | Total |
|------------|--------|---------|------------|-------------|-------------|---------------|-------|---------|------------|------|-------|------------|-------|
| 2018-10 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 3 | 0 | 1 | 7 |
| 2018-11 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 5 |
| 2018-12 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 4 |
| 2019-01 | 1 | 0 | 0 | 2 | 0 | 1 | 2 | 0 | 0 | 0 | 1 | 0 | 7 |
| 2019-02 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 3 |
| 2019-03 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 2 | 2 | 0 | 2 | 8 |
| 2019-04 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | 0 | 0 | 3 | 7 |
| 2019-05 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 7 |
| 2019-06 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 2 | 1 | 0 | 0 | 5 |
| | 1 | 2 | 1 | 8 | 9 | 2 | 3 | 7 | 1 | 16 | 12 | 1 | 74 |

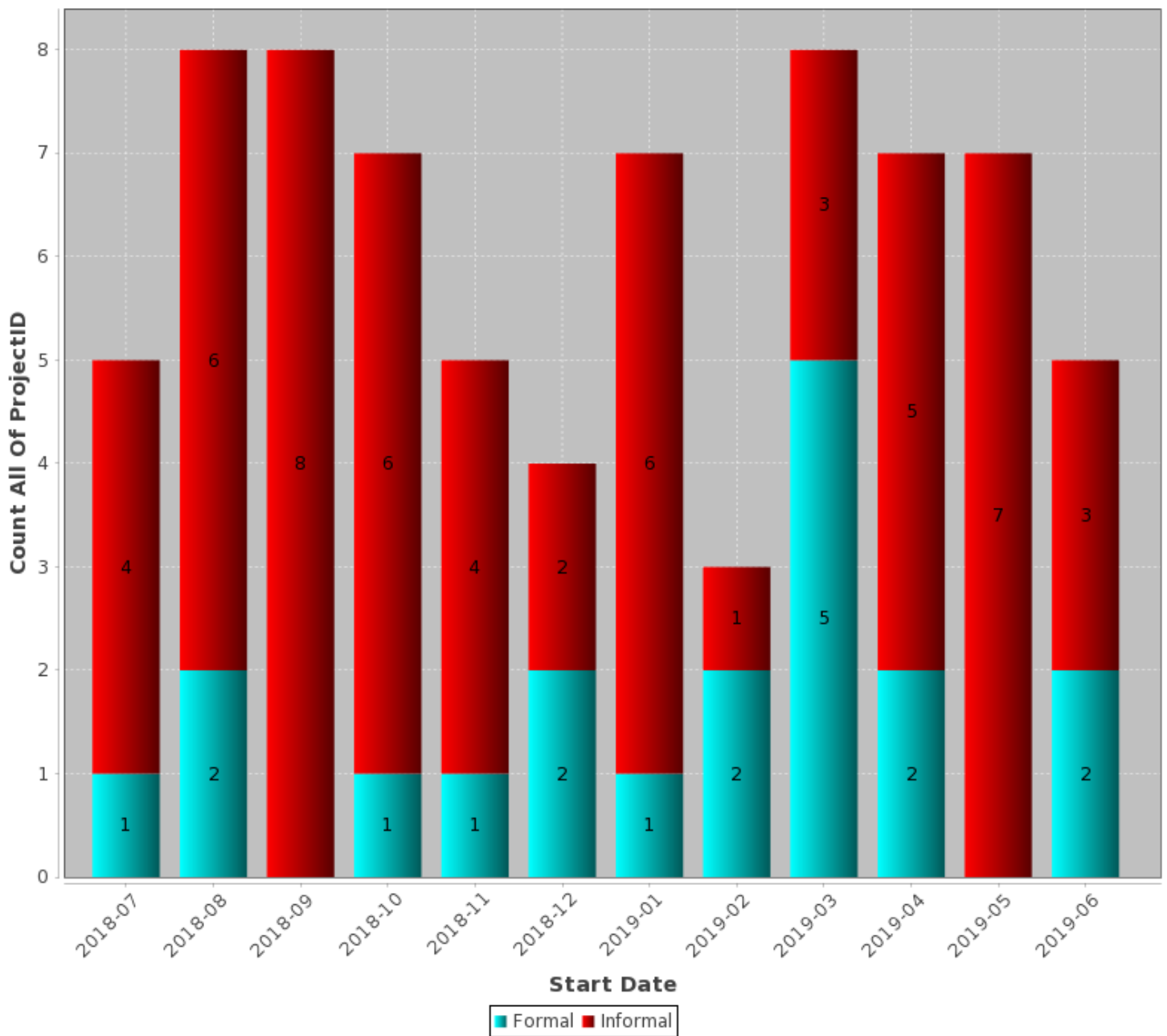
Cases by Date by Referral Source FY 18-19



| Start Date | Attorney | Bar | Board of Bar Examiners | CLE | Employer | Family | Friend | Judge | Law School | Lawyer | Other LAP | Other Presentation | Self | Therapist | Treatment Provider | Website | Total |
|------------|----------|-----|------------------------|-----|----------|--------|--------|-------|------------|--------|-----------|--------------------|------|-----------|--------------------|---------|-------|
| 2018-07 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 5 |
| 2018-08 | 0 | 1 | 1 | 1 | 0 | 0 | 2 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 8 |
| 2018-09 | 1 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 8 |
| 2018-10 | 0 | 0 | 0 | 1 | 0 | 3 | 2 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 7 |
| 2018-11 | 1 | 0 | 0 | 0 | 1 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 5 |
| 2018-12 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4 |
| 2019-01 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 2 | 1 | 1 | 0 | 0 | 0 | 1 | 0 | 7 |
| 2019-02 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3 |
| 2019-03 | 3 | 2 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 8 |
| | 6 | 5 | 4 | 5 | 7 | 11 | 7 | 5 | 6 | 1 | 4 | 1 | 2 | 2 | 5 | 3 | 74 |

| Start Date | Attorney | Bar | Board of Bar Examiners | CLE | Employer | Family | Friend | Judge | Law School | Lawyer | Other LAP | Other Presentation | Self | Therapist | Treatment Provider | Website | Total |
|------------|----------|-----|------------------------|-----|----------|--------|--------|-------|------------|--------|-----------|--------------------|------|-----------|--------------------|---------|-------|
| 2019-04 | 0 | 0 | 1 | 1 | 0 | 2 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 7 |
| 2019-05 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 7 |
| 2019-06 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 5 |
| | 6 | 5 | 4 | 5 | 7 | 11 | 7 | 5 | 6 | 1 | 4 | 1 | 2 | 2 | 5 | 3 | 74 |

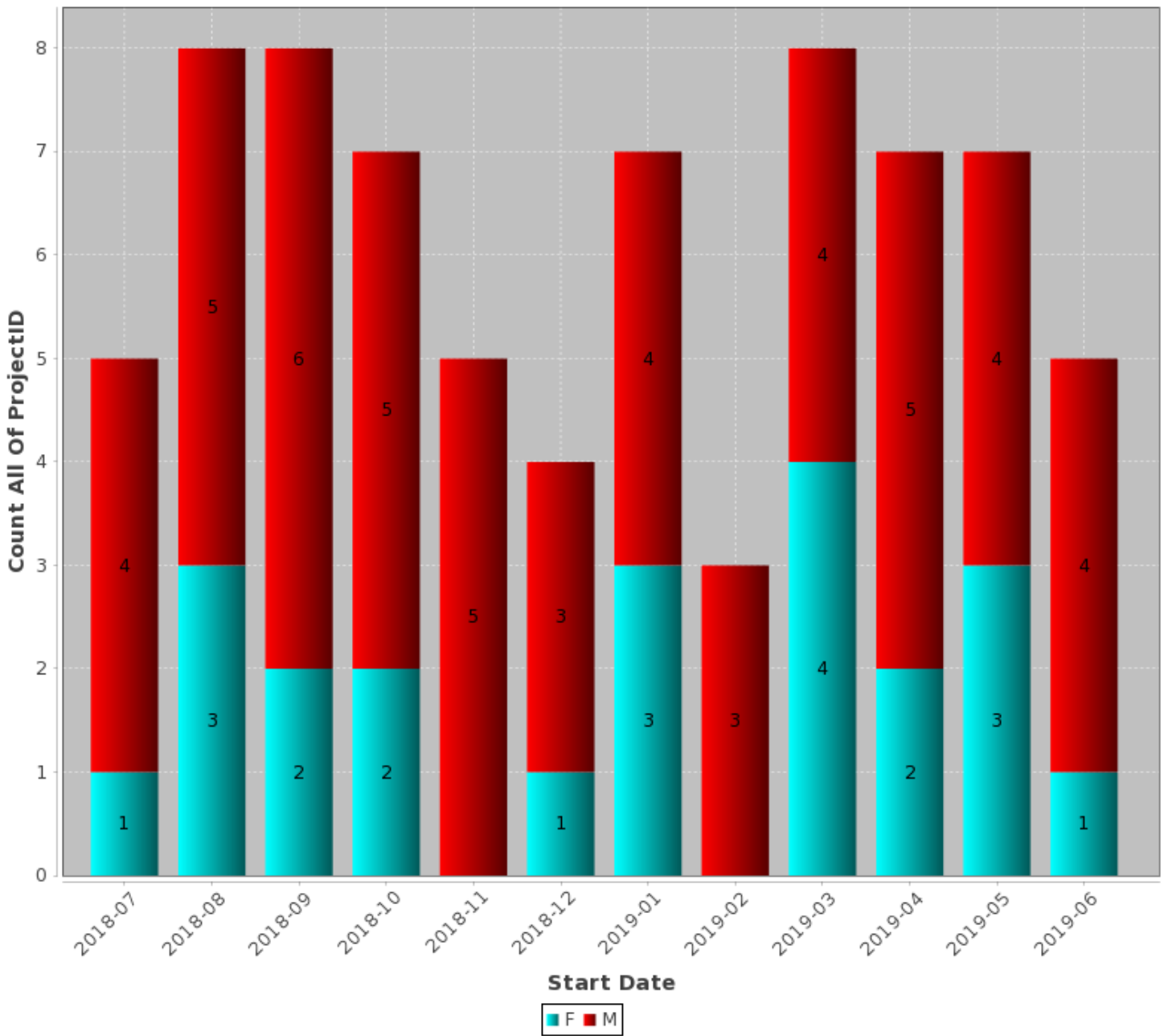
Cases By Date, by Referral Type FY 18-19



| Start Date | Formal | Informal | Total |
|------------|-----------|-----------|-----------|
| 2018-07 | 1 | 4 | 5 |
| 2018-08 | 2 | 6 | 8 |
| 2018-09 | 0 | 8 | 8 |
| 2018-10 | 1 | 6 | 7 |
| 2018-11 | 1 | 4 | 5 |
| | 19 | 55 | 74 |

| Start Date | Formal | Informal | Total |
|------------|--------|----------|-------|
| 2018-12 | 2 | 2 | 4 |
| 2019-01 | 1 | 6 | 7 |
| 2019-02 | 2 | 1 | 3 |
| 2019-03 | 5 | 3 | 8 |
| 2019-04 | 2 | 5 | 7 |
| 2019-05 | 0 | 7 | 7 |
| 2019-06 | 2 | 3 | 5 |
| | 19 | 55 | 74 |

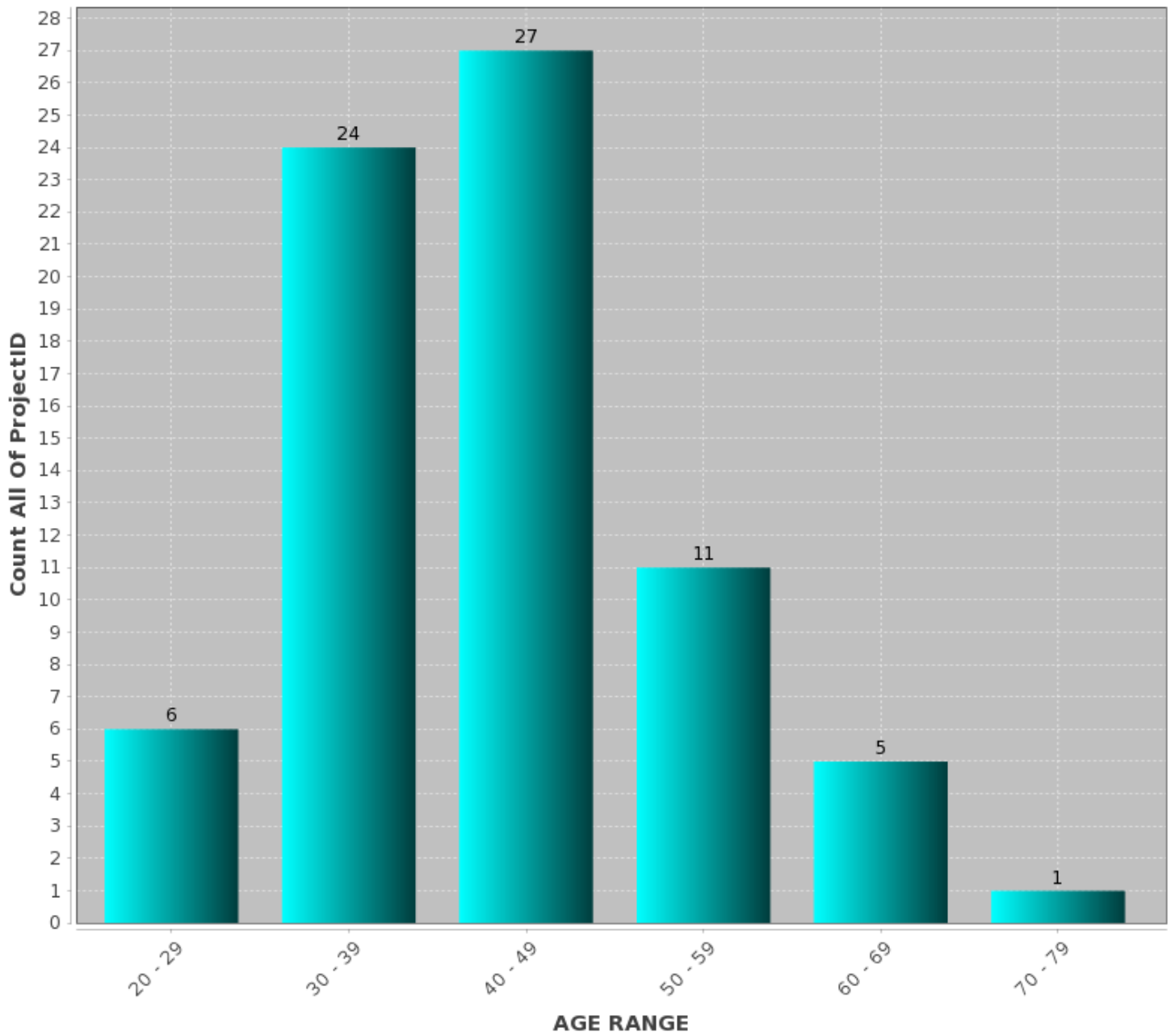
Cases By Date, by Gender FY 18-19



| Start Date | F | M | Total |
|--------------|-----------|-----------|-----------|
| 2018-07 | 1 | 4 | 5 |
| 2018-08 | 3 | 5 | 8 |
| 2018-09 | 2 | 6 | 8 |
| 2018-10 | 2 | 5 | 7 |
| 2018-11 | 0 | 5 | 5 |
| Total | 22 | 52 | 74 |

| Start Date | F | M | Total |
|------------|----|----|-------|
| 2018-12 | 1 | 3 | 4 |
| 2019-01 | 3 | 4 | 7 |
| 2019-02 | 0 | 3 | 3 |
| 2019-03 | 4 | 4 | 8 |
| 2019-04 | 2 | 5 | 7 |
| 2019-05 | 3 | 4 | 7 |
| 2019-06 | 1 | 4 | 5 |
| | 22 | 52 | 74 |

Cases by Age Range - FY 18-19



| AGE RANGE | ProjectID Total |
|-----------------------|-----------------|
| 20 - 29 | 6 |
| 30 - 39 | 24 |
| 40 - 49 | 27 |
| Report Totals: | 74 |

| | AGE RANGE | ProjectID Total |
|--|-----------------------|--------------------|
| | 50 - 59 | 11 |
| | 60 - 69 | 5 |
| | 70 - 79 | 1 |
| | Report Totals: | 74 |